

TI Hong Kong

What : FREESTYLE WEEKEND WORKSHOP

Where : HONG KONG INTERNATIONAL SCHOOL (<http://www.hkis.edu.hk/>)

When : JUNE 13-15, 2008

Schedule :

JUNE 13, FRIDAY

6:00-7:00 pm Check-in and Orientation (Classroom C002)
7:00-7:15 pm First Underwater & Surface Video Taping (Pool)
7:15-8:30 pm First Pool Session (Pool)

JUNE 14, SATURDAY

3:00-4:00 pm Video Analysis and Lecture (Classroom C002)
4:00-5:30 pm Second Pool Session (Pool)

JUNE 15, SUNDAY

8:30-9:30 am Video Analysis and Lecture (Classroom C002)
9:45-11:15 Third Pool Session (Pool)
11:30 -12:30 Lunch Break
12:45-1:45 pm Video Analysis and Lecture (Classroom C002)
2:00-3:30 pm Fourth Pool Session (Pool)
4:00-5:00 pm Video Analysis and Graduation (Classroom C002)

What: DIFFERENT STROKES (BUTTERFLY, BREASTSTROKE, &
 BACKSTROKE) WEEKEND WORKSHOP

Where: HONG KONG INTERNATIONAL SCHOOL
 (<http://www.hkis.edu.hk/>)

When: JUNE 20-22, 2008

Schedule: To be announced

To register please email Ria Mackay at babyswim@totalimmersion.net